

## **WG Oral Health**

**Vasileios Stathopoulos, WG Chair**  
**CED General Meeting**

**November 2025 GM**



# POLICY PAPERS: Ageing and Oral Health

**Health at a Glance: Europe 2024**  
Promoting healthy ageing and longevity whilst tackling health workforce shortages

18 November, 14:00-15:30 CET

Online





## Green Paper on Ageing

Fostering solidarity and responsibility between generations




**Danish Presidency**  
Council of the European Union



## High Level Policy Conference on the Future of Ageing and Long-Term Care

Conference / Colloquium / Seminar / 27 - 28 October 2025



CED-DOC-2025-037-E

## CED White Paper

### Ageing and Oral Health

Council of European Dentists  
President Dr Freddie Sloth-Lisbjerg  
Transparency register: 4885579968-84

Avenue de Cortenbergh 89/6  
B-1000 Brussels

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**Coordinator of the drafting work on ageing: Dr. Kieran O'Connor**

Transparency register: 4885579968-84

# CED White Paper on Ageing and Oral Health: Vote

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**Does the GM agree to adopt the updated CED White Paper ?**

# POLICY PAPERS:

## Draft White Paper on Oral Health Promotion and Oral Disease Prevention

Coordinator of the drafting work:  
Dr. Alessandra Rossi



### Draft CED White Paper

### Oral Health Promotion and Oral Disease Prevention



**New MEP Interest Group launched  
to drive action on health  
inequalities, prevention, and risk  
factors**

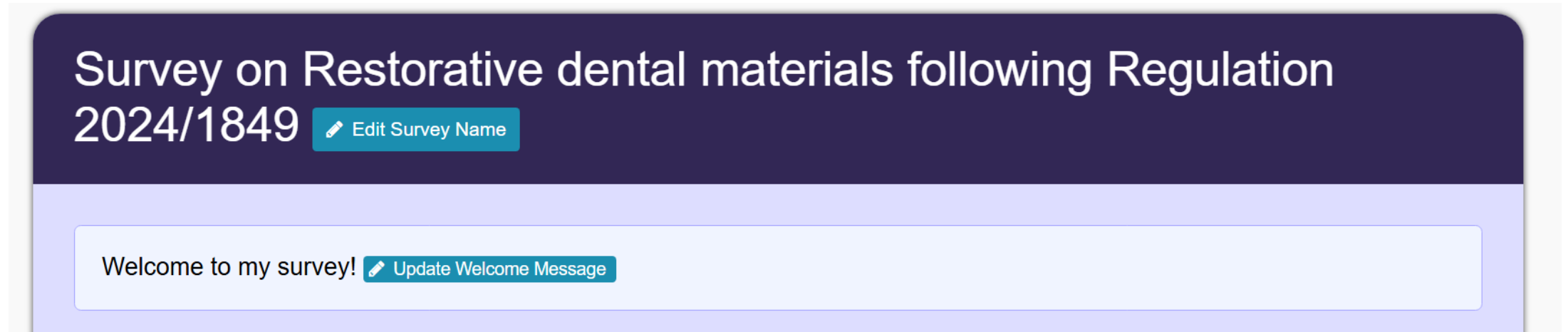
25 February, 2025



Source: EuroHealthNet

# SURVEY: Restorative dental materials following Regulation 2024/1849 on the phase-out of dental amalgam

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**!! DEADLINE: FRIDAY 21 NOVEMBER !!**

# Call for evidence: EU Cardiovascular Health Plan

In preparation

Call for evidence

Feedback period

11 August 2025 - 17 September 2025

Feedback: Closed

Upcoming

Commission adoption

Planned for

Fourth quarter 2025

About this initiative

Summary

The EU plan for cardiovascular health will focus on actions that have tangible benefits for individuals, governments and stakeholders across the EU.

The plan aims to strengthen the EU's economic resilience by:

- improving the health of millions of citizens through prevention, early detection and treatment
- increasing innovation
- boosting the market capabilities and competitiveness of the EU health industry.

Topic

Public health

Type of act

Communication

Call for evidence

Feedback: Closed

Feedback period

11 August 2025 - 17 September 2025 (midnight Brussels time)



15 September 2025 | Other

[Council of European Dentists \(CED\) \(Belgium\)](#)

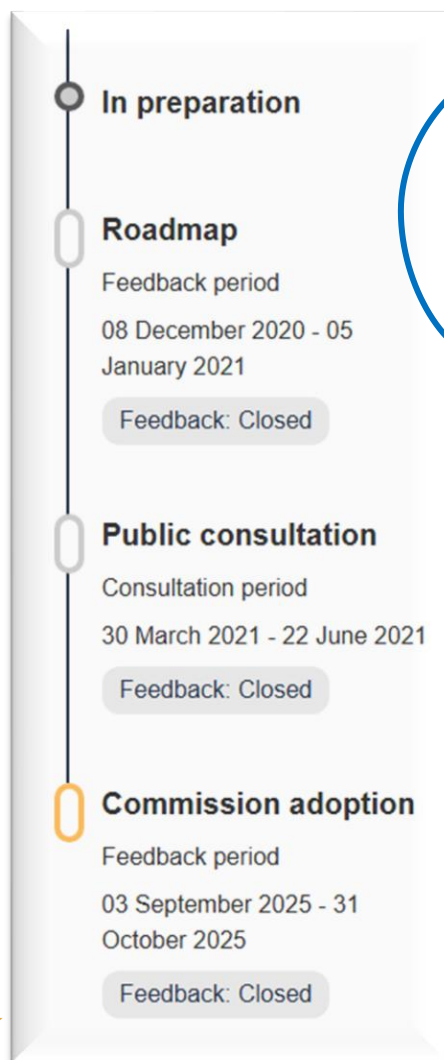
“The [Council of European Dentists](#) (CED), representing over 340 000 dentists across Europe”

The Council of European Dentists (CED), representing over 340 000 dentists across Europe, strongly welcomes the European Commissions EU Cardiovascular Health Plan and its efforts to reduce mortality and morbidity rates related to cardiovascular diseases (CVD) and co-morbidities across Europe. The CED strongly supports the three key action areas, and particularly the focus on the initiative for early detection and screening, as well as the suggest...

**CED input: submitted on 15 September 2025**



# Call for feedback: Revised Tobacco Tax Directive



## CED input: submitted on 28 October 2025

28 October 2025 | Other

[Council of European Dentists \(CED\) \(Belgium\)](#)

“The Council of European Dentists (CED), representing over 340 000 dentists across Europe”

The Council of European Dentists (CED), representing over 340 000 dentists across Europe, strongly supports the Commissions long awaiting proposal to revise the EU Tobacco Taxation Directive (2011/64/EU). The proven effectiveness of tobacco taxation as one of the most impactful public health tools, alongside comprehensive public health measures, has long been established in curbing tobacco-related diseases, reducing health inequalities, and suppo...



Source: Euractiv



## New products covered by taxation:

- Waterpipe tobacco
- Heated tobacco products
- Other manufactured tobacco
- Raw tobacco
- Liquids for e-cigarettes
- Nicotine pouches
- Other nicotine products

# Future Project: Obstructive Sleep Apnea (OSA)

## DIRECTIVES

COMMISSION DIRECTIVE 2014/85/EU

of 1 July 2014

amending Directive 2006/126/EC of the European Parliament and of the Council on driving licences

(Text with EEA relevance)

JDSM  
Journal of Dental Sleep Medicine



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Special Article 1, Issue 11.2

**Novel Therapies for Preventing, Managing and Treating Obstructive Sleep Apnea and Snoring in Pediatric and Adult Patients**

<http://dx.doi.org/10.15331/jdsm.7332>

Rose Sheats, DMD, MPH<sup>1</sup> (Co-Chair); Jean-Francois Masse, DMD, MSc, FACC<sup>2</sup> (Co-Chair); Mitchell Levine, DMD, MS<sup>3</sup>; Ghizlane Aarab, DDS, PhD<sup>4</sup>; Miguel Meira e Cruz, DDS, MS<sup>5</sup>; Michael Simmons, DMD, MScMed, MPH, MSc, FAASM, FAAOP<sup>6-7</sup>; Jacy Stauffer, DMD, FAAPD<sup>8</sup>; Steve Carstensen, DDS<sup>9</sup>; Harmeet Chiang, DDS, MS<sup>10</sup>; Maria Therese Galang-Boquiren, DMD, MS<sup>11</sup>; Kevin Postol, DDS<sup>12</sup>

<sup>1</sup>Adams School of Dentistry, University of North Carolina, Chapel Hill, North Carolina (Retired); <sup>2</sup>Laval University; <sup>3</sup>Saint Louis University; <sup>4</sup>Academic Centre for Dentistry Amsterdam (The Netherlands) Department of Orofacial Pain and Dysfunction; <sup>5</sup>Sleep Unit, Cardiovascular Center of Lisbon University, Lisbon School of Medicine; <sup>6</sup>UCLA School of Dentistry (1987-2018); <sup>7</sup>Encino Center for Sleep and TMJ Disorders; <sup>8</sup>Oregon Health and Science University; <sup>9</sup>Sleep

EADSM  
EUROPEAN ACADEMY  
OF DENTAL SLEEP MEDICINE



### DISEASES



Cardiovascular Disease



Chronic Respiratory Diseases



Diabetes



Mental health and neurological disorders





# **Future Project: Obstructive Sleep Apnea (OSA)**

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**Osa patients have greater possibility of causing work injuries by 1.62 times more than the general population.**

Sleep problems and work injuries: A systematic review and meta-analysis Katrin Uehli et al.

**OSA patients have higher risk of causing motor vehicle crash within 1,21 to 4,89 times more in relation to general population**

Stephen Tregear et al, OSA and Risk of Motor Vehicle Crash: Systematic review and Meta-Analysis. J Clin Sleep Med 2009; 5(6): 573-581.

**Perio patients are in greater risk to develop OSA. Systematic review & metanalysis have shown highly statistically significant correlation at  $p < .001$**

Marco Portelli et al. Correlations between Obstructive Sleep Apnea Syndrome & Periodontitis: A Systematic Review & Meta-Analysis DOI: [10.3390/dj12080236](https://doi.org/10.3390/dj12080236)

Herrera et al, Journal of Clinical Periodontology, 2023; 50(6), 819-841

# Future Project: Obstructive Sleep Apnea (OSA)

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AHI	Incidence rate / Mortality	Mortality from CVD
	Per 1000 people/year	Per 1000 people/year
0	2.85	0.74
≥ 5 to < 15 events / hour	5.54	2.08
≥ 15 to < 30 events / hour	5.42	1.81
≥ 30 events / hour	14.6	6.07

**Sleep disordered breathing and mortality: Eighteen-Year Follow-up of the Wisconsin sleep cohort. Terry Young et al.**

# AMR

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## **16:10 – 16:40 Antimicrobial Stewardship / Q&A**

- ▶ International Federation of Anthroposophic Medical Associations (IVAA) – The Relevance of the WHO Traditional Medicine Strategy 2025-2034 for One Health Strategies and EU Action
- ▶ Council of European Dentists – The importance of Oral Health: Managing Oral Health in the Context of Antimicrobial Resistance

# Revised WG Oral Health Mandate



CED-DOC-2025-046-E

// **Revised** MANDATE

CED WORKING GROUP ORAL HEALTH

CHAIR: VASILEIOS STATHOPOULOS

## Amendments:

- Addition on OSA
- Amended wording
- Mention of a state of the art on existing national health prevention and promotion initiatives

### Objectives of the Working Group

1. Work to decrease oral health inequalities, by lobbying work. Promote a healthy lifestyle in all community environments, amongst citizens of all ages to achieve and maintain good oral health and enhance cost-effective prevention of oral diseases in Europe, taking into account social determinants of health.
2. Increase the awareness of the relationship between oral health and general health with European institutions, dentists, and the general population by including key messages in specific activities.
3. Create a policy for CED that covers the importance of oral care and disease management in dental patients, including medically compromised ones and patients with chronic diseases or disabilities. The policy should also support lifelong prevention and health promotion, with a focus on healthy aging within the framework of integrated care. In addition, it would encompass connections between oral health and diseases such as cardiovascular diseases, diabetes, cancers, etc.
4. Highlight and engage in activities on the importance of prevention in dentistry through different measures - from using fluoride to prevent caries to HPV vaccination to prevent oral cancer. Additionally, address the risk factors that tobacco and related products, alcohol and acidic drinks present to oral and general health.
5. ~~Work on~~Develop initiatives, including a policy document for EU implementation, ~~to highlighting the risks-dangers of sugar consumption for~~ oral and general health, ~~through These measures should cover product~~including reformulation, ~~improved~~ labelling, (hypothecated) taxation ~~or levies/levy, and proactive advertisement and advertising restrictions-stricter advertising and marketing restrictions, and as well as proactive campaigns actions-to help raise public awareness among people-to improve-and health~~ literacy on this public health challenge.
6. Collaborate with European institutions ~~and National Dental Associations~~ and monitor relevant EU legislative initiatives on current and future strategic health priorities, ~~as well as national campaigns,~~ that could have impact on oral health.
7. Raise awareness on universal health coverage (UHC as defined by WHO), including access to sustainable healthcare, disease prevention, the fight against cross-border healthcare threats and health inequities, as well as a continued supply of medicines for EU citizens.
- 7.8. ~~Develop a common position that defines the role of dentists in the multidisciplinary management of obstructive sleep apnea (OSA) and actively contribute to initiatives and policy developments related to OSA and chronic respiratory diseases.~~
- 8.9. Collect and use appropriate data and evidence to respond to consultations and promote CED activities including the provision of material and the organization of events.

CED-DOC-2025-046-E

- 9.10. Prepare positions, monitor, and participate in relevant EU activities targeting to encourage the prudent use of antimicrobials in dentistry, pharmacovigilance of antibiotics, and specifically to antimicrobial stewardship (AMS) as well as to vaccination as an effective and cost-effective public health intervention in reducing antimicrobial resistance (AMR).
- 10.11. Increase awareness of antimicrobial resistance among the general public and dentists, and collaborate with Working Group Patient Safety, Infection Control, and Waste Management on infection control measures.

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## Revised WG Oral Health Mandate: Vote

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**Does the GM agree to adopt the revised WG Oral Health Mandate?**



# Institutional Updates: UN High-Level Meeting on NCDs

Rev.4

**Political declaration of the fourth high-level meeting of the General Assembly on the prevention and control of noncommunicable diseases and the promotion of mental health and well-being**

**Equity and integration: transforming lives and livelihoods through leadership and action on noncommunicable diseases and the promotion of mental health and well-being**

- Scale up services to address the excessively high rates of oral health conditions through health promotion, prevention, early detection and treatment, applying multisectoral strategies and integrating oral health services into primary healthcare and universal health coverage;

- Note with concern that there are: (i) 1.3 billion adults living with hypertension and only 1 in 5 have it under control; (ii) 800 million adults living with diabetes; (iii) 1 in 5 people developing cancer during their lifetime, with 20 million new cases annually, of which 400 000 are children; (iv) 3.7 billion people suffering from oral diseases; (v) more than 674 million people affected by chronic kidney disease; and (vi) over 300 million persons living with rare diseases;

- Recognize also that oral diseases are a major health and economic burden in many countries and impact people across their lifetime, causing pain, discomfort, disfigurement and even death, that untreated dental caries (tooth decay) in permanent teeth is among the most common health conditions, and that oral diseases are largely preventable and caused by a range of modifiable risk factors, requiring a continuing focus on social, environmental and population strategies, and can contribute to other noncommunicable



**ALL FOR  
YOUR ATTENTION**