





## **European Health Professionals join forces against Antimicrobial Resistance**

## To you keep yourself and your loved ones in good health

European health professionals – doctors, dentists and veterinarians – join their voices on "How to use antibiotics responsibly".

Antibiotics are vital to treating and preventing the spread of disease in animals and humans. However the risk that the bacteria causing a disease will develop a resistance to an antibiotic increases every time it is used. Once bacteria are resistant, the antibiotic is ineffective and can no longer treat the disease.

It is the responsibility of each one of us to follow some simple sanitary rules. It is our responsibility to visit our health professional before we use an antibiotic. It is in our hands to follow thoroughly their instructions when we use an antibiotic to treat ourselves, our family members or our animals.

FVE President, Dr. Christophe Buhot, emphasized: "Although resistant microbes are tiny, they represent a huge threat to every living organism in the world by severely compromising their health. Both humans and animals need efficient medicines to treat this kind of infections. A collaborative approach and our joint efforts would ensure that antibiotics keep their efficacy now and in the future."

CPME President, Dr Katrín Fjeldsted, highlighted: "Losing the option to treat diseases with antibiotics would be a shocking set-back to modern medicine. We must realise that everyone can make a personal contribution to ensuring that these valuable medicines stay effective, by taking some very simple steps. Veterinarians, doctors and dentists have come together with some 'easy to follow' advice which will help safeguarding our health and that of future generations."

CED's President, Dr Wolfgang Doneus, remarked: "According to experts and recent studies, appropriate use of antibiotics in the field of dentistry is important. Advantages and risks as well as the threat of side-effects and resistance building must be considered. Instant diagnosis tests should be developed and widely-used in order to offer the best treatment to patients. Working together we will be able to achieve low prescribing rates and combat antimicrobial resistance"

Read health professional's advice here.